



JONAH

running from mercy



Speaker: Intern Oliver Aridi
Date: July 5, 2026
Text: Jonah 1:17-2:10
Sermon Title: “Redemption Through Repentance”

I. Prayer in a Panic

- Jonah worried/anxious/scared in the fish (Jonah 1:17)
- Prays to God in the midst of his situation (Jonah 2:1)

Key Truth:

Prayer has power in every scenario.

II. Road to Repentance

- God rescued him from the sea (divine judgement). (Jonah 2:2-3)
- Only desires God. Done running (Jonah 2:4-5)
- God can bring you out of the pit (Jonah 2:6)

Key Truth:

“Pray, and let God worry” -Martin Luther

III. Shouts of Salvation

- In Jonah’s lowest moment He looks to God and rejoices (Jonah 2:7)
- Jonah offers shouts of praise and gratitude to God (Jonah 2:8-9)
- What are you running? (Jonah 2:10)

Gospel Hope

- Christ forgives
- Christ is with you
- Christ restores and brings salvation

Key Truth:

God sees you, He is with you, and He wants all of you.

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