



# JONAH

running from mercy



**Speaker:** Pastor Dave Hentschel

**Date:** June 28, 2026

**Text:** Jonah 1.4-16

**Sermon Title:** “What happens when we run from God?”

## Small Group Discussion Questions

1. What stood out to you most from the sermon or from Jonah 1:4–16? Why?
2. Jonah heard God clearly but chose to run. Why do you think obedience can sometimes feel harder than disobedience?
3. The sermon said, “Delayed obedience is a form of disobedience.” Do you agree? Where do you see that principle in everyday life?
4. Jonah’s rebellion affected everyone on the boat. What does this passage teach us about how our choices impact other people?
5. Have you ever experienced a season where God used disruption, difficulty, or discomfort to redirect you spiritually? What did you learn?  
*(No pressure to share details you’re uncomfortable sharing.)*
6. The sermon said, “There can be a gap between theological confession and practical obedience.” Where is it easiest for Christians to develop that gap?
7. Jonah claimed to fear God (v. 9), but his actions said otherwise. What are some subtle ways believers can outwardly profess faith while inwardly resisting God?
8. Re-read this quote from Tim Keller, “**Grace is pursuing and intercepting self-destructive behavior. Grace is fierce love, dogged love, determined love and it won’t stop until it hurts you just enough to wake you up.**” Hebrews 12 teaches that God disciplines those He loves. How does understanding discipline as mercy change the way we interpret difficult seasons?
9. The sermon asked: “What storms might be exposing rather than destroying?” How do we discern the difference between suffering in a fallen world and consequences of our own choices?
10. Where might God be calling you to surrender this week—and what would one concrete act of obedience look like?

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